



CYCLE 274

MILES IN AUGUST

Keep track of your daily miles cycled so far

Remember – go at your own pace and take rest days to aid your recovery

Share my fundraiser on social media...

and say why I'm doing this challenge

Ask friends, family and colleagues to donate to my fundraiser

First week done – let's keep going!

Reminder...

use my Sponsorship Form to gain more donations

Well done me, half-way there...

keep asking for donations

STAR STATUS MADE!

So proud, I've done it!

Share my achievement on social media and ask for donations

1 Miles today: Total miles so far:	2 Miles today: Total miles so far:	3 Miles today: Total miles so far:	4 Miles today: Total miles so far:	5 Miles today: Total miles so far:	6 Miles today: Total miles so far:	7 Miles today: Total miles so far:	8 Miles today: Total miles so far:	9 Miles today: Total miles so far:	10 Miles today: Total miles so far:
11 Miles today: Total miles so far:	12 Miles today: Total miles so far:	13 Miles today: Total miles so far:	14 Miles today: Total miles so far:	15 Miles today: Total miles so far:	16 Miles today: Total miles so far:	17 Miles today: Total miles so far:	18 Miles today: Total miles so far:	19 Miles today: Total miles so far:	20 Miles today: Total miles so far:
21 Miles today: Total miles so far:	22 Miles today: Total miles so far:	23 Miles today: Total miles so far:	24 Miles today: Total miles so far:	25 Miles today: Total miles so far:	26 Miles today: Total miles so far:	27 Miles today: Total miles so far:	28 Miles today: Total miles so far:	29 Miles today: Total miles so far:	30 Miles today: Total miles so far:
31 Miles today: Total miles so far:									

Post a selfie in my jersey on social media...

whilst linking to my fundraiser

HERO STATUS MADE!



Brain tumours kill more children and adults under the age of 40 than any other cancer

Just 1% of the national spend on cancer research has been allocated to this devastating disease

Raise £274 (or more) and...

you'll get a special medal for your efforts!

www.braintumourresearch.org



TOTAL RAISED:

£

Together we will find a cure